



# PAC-10 NEWS

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## **2005 PAC-10 WRESTLING AWARDS**

### **ARIZONA STATE'S CAIN VALESQUEZ NAMED WRESTLER OF THE YEAR**

### **ARIZONA STATE'S THOM ORTIZ NAMED COACH OF THE YEAR**

### **BOISE STATE'S ANDREW HOCHSTRASSER NAMED FRESHMAN OF THE YEAR**

WALNUT CREEK, Calif. -- ARIZONA STATE junior **Cain Valesquez** was named Pac-10 Wrestler of the Year, Arizona State head coach **Thom Ortiz** earned Pac-10 Coach of the Year honors and **Andrew Hochstrasser** of BOISE STATE was named Freshman/Newcomer of the Year, Commissioner Tom Hansen announced today.

Valesquez, a 285-pound junior from Yuma, Ariz., was selected by Pac-10 coaches as the Wrestler of the Year after he finished the season with a 36-4 mark. Valesquez won his first Conference title and qualified for the NCAA Championships, where he took sixth-place honors at heavyweight. Arizona State placed 13th, the highest Pac-10 team finish. Valesquez earns his first Wrestler of the Year award, and the 14th overall for the Arizona State wrestling program.

Thom Ortiz earns his second Coach of the Year honor, and the 14th in Arizona State's history. In just his fourth season at the helm, Ortiz led the Sun Devils to an 11-6-1 overall mark in dual meets, and an unblemished 8-0 Pac-10 record. Under Ortiz's tutelage, two Sun Devil wrestlers won individual Pac-10 championships, Brian Stith at 157 pounds and Valesquez at heavyweight. In addition to Stith and Valesquez, five more of Ortiz's pupils advanced to the NCAA Championships-Jeremy Mendoza (125), Patrick Williams (149), Patrick Pitsch (165), C.B. Dollaway (184) and Ryan Bader (197)-for a total of seven competitors. Ortiz, a graduate of Arizona State in 1990, was a two-time All-American and was a member of the 1988 NCAA Championship Sun Devil team.

Hochstrasser, a 125-pound freshman from Tooele, Utah, becomes the first Freshman/Newcomer of the Year from Boise State since its inception into Pac-10 wrestling in 2000. Hochstrasser earned an invitation to the NCAA Championships by finishing third in the Pac-10 at 125 pounds, and helped Boise State to a second place finish in the Pac-10. Seeded seventh at the NCAA Championships, Hochstrasser won his first bout but lost the next two to finish the season. The Broncos finished 33rd overall at the NCAA Championships.

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**PAC-10 WRESTLERS OF THE YEAR**

1976	Tom Brown, WASH, 158
	Greg Gibson, ORE, HWT
1977	Larry Bielenberg, OSU, HWT
1978	Dan Hicks, OSU, 142
1979	Fred Bohna, UCLA, HWT
1980	Howard Harris, OSU, HWT
1981	Marty Ryan, OSU, 150
1982	Bill Nugent, ORE, 142
1983	Gary Bohay, ASU, 126
1984	Jim Baumgardner, OSU, 190
1985	Eddie Urbano, ASU, 150
1986	Adam Cohen, ASU, 150
1987	Mike Davies, ASU, 190
1988	Mike Davies, ASU, 190
1989	Dan St. John, ASU, 158
1990	Dan St. John, ASU, 167
1991	Paul Keysaw, CSUB, 190
1992	Ray Miller, ASU, 158
1993	Ray Miller, ASU, 158
1994	Babak Mohammadi, OSU, 134
1995	Les Gutches, OSU, 177
1996	Les Gutches, OSU, 177
1997	Stephen Neal, CSUB, HWT
1998	Stephen Neal, CSUB, HWT
1999	Stephen Neal, CSUB, HWT
2000	Steve Blackford, ASU, 165
2001	Eric Larkin, ASU, 141
2002	Eric Larkin, ASU, 141
2003	Eric Larkin, ASU, 149
2004	Matt Gentry, STAN, 157
2005	Cain Valesquez, ASU, HWT

**PAC-10 COACHES OF THE YEAR**

1976	Dale Thomas, OSU
1977	Dale Thomas, OSU
1978	Darren Sipe, WASH
1979	Bobby Douglas, ASU
1980	Ron Finley, ORE
1981	Bobby Douglas, ASU
1982	Ron Finley, ORE
1983	Dale Thomas, OSU
1984	Dale Thomas, OSU
1985	Bobby Douglas, ASU
1986	Bobby Douglas, ASU
1987	Bobby Douglas, ASU
1988	Bobby Douglas, ASU
1989	Bobby Douglas, ASU
1990	Bobby Douglas, ASU
1991	T.J. Kerr, CSUB
1992	Mark Johnson, OSU
1993	Lee Roy Smith, ASU
1994	Joe Wells, OSU
1995	Joe Wells, OSU
1996	T.J. Kerr, CSUB
1997	T.J. Kerr, CSUB
	Lee Roy Smith, ASU
1998	Lee Roy Smith, ASU
1999	Mike Young, Boise State
2000	Mike Young, Boise State
2001	Lee Roy Smith, ASU
2002	Mike Young, Boise State
2003	Thom Ortiz, ASU
2004	Steve Buddie, STAN
2005	Thom Ortiz, ASU

**PAC-10 NEWCOMER OF THE YEAR**

2000	TJ Hill, CS Fullerton
2001	Jed Pennell, OSU
2002	Matt Gentry, Stanford
2003	Ryan Halsey, Cal Poly
2004	Darrell Vasquez, Cal Poly
2005	Andrew Hochstrasser, Boise State